

### **About**

We are a leading human rights organisation led by disabled people. We work in the UK and across the world for the rights or people with learning disabilities.

Our aim is a society where people with learning disabilities are treated equally. We employ people with learning disabilities as part of our salaried staff team to lead on our work.



## What makes our projects so unique?

We are a team of people with and without learning disabilities, working together on a daily basis which means that everything we do stays in touch with the reality of the experiences of people with learning disabilities.

This knowledge feeds into an accessible working environment where our work is driven by a deeper understanding of the issues a ffecting people with learning disabilities.

We use a co-working model of employment where a person with a learning disability works alongside a non learning disabled person on equal pay.

We work on a local, national and international level, giving us unique expertise. We learn and are open to new ideas from around the globe, which allows us to effectively influence legislative development in innovative ways using a global perspective.



### Path of project achievements



#### **National Gathering**

We brought 150 professionals and parents with learning disabilities together which resulted in the production of Good Practice Guidance



#### Improvements to the **Criminal Justice System**

We were instrumental in 139 MPs signing a motion 'A Fair Hearing - justice for people with learning disabilities'



2008

#### **Cancer Books**

We co-worked with professionals to create easy read cancer information. The Books won the 2012 BMA Award.



### **Our Voices. Our Choices**

We held a national conference followed by the 1st summit meeting for people with learning disabilities

#### **Promoting inclusion** internationally

We work globally including in Nicaragua, Egypt, and Palestine on employment, co-working, and accessible information



#### **Fighting for** our Children

We raised awareness of the discrimination and prejudice parents with learning disabilities face

200



#### **CHANGE Parenting Books**

We produced the first easy read books for parents with learning disabilities





#### Lumos **Partnership**

Rights of Children in Europe Project started. We presented with Lumos at an international conference in Romania



### Hate crime project -Living our lives in safety

We trained organisations and people with learning disabilities across Leeds on hate crime reporting



We were instrumental in developing the Accessible Information Standard







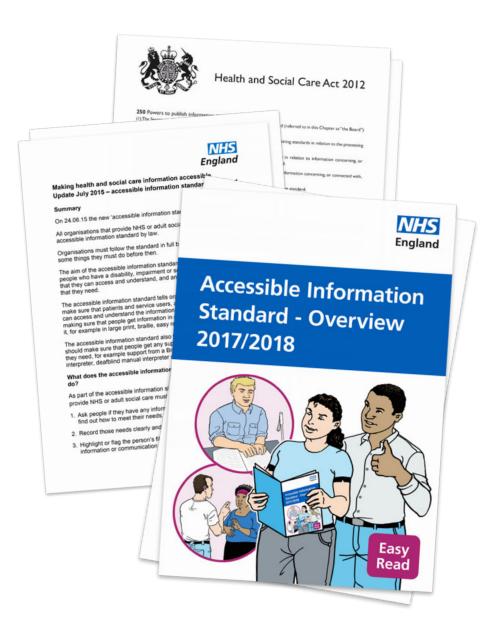
### **National Work**

# NHS England Accessible Information Standard

We were a key member of the steering group that worked on the development and implementation of the standard.

#### How we made a difference?

Since July 2016 all organisations that provide all organisations that provide NHS or adult social care services most follow the Accessible Information Standard, which stated that public facing information must be made available in accessible formats suited to the needs of patients and service users, carers and parents.





### **Our Voices, Our Choices Conference**

We organised a national conference in 2014, where 100 people with learning disabilities came together to discuss the discrimination they face.

#### How we made a difference?

Employment was identified as the most important issue. We took a proposal to the first ever Summit Meeting for people with learning disabilities organised by the Care Minister, in September 2014.

The main recommendation was to employ people with learning disabilities in co-developing and co-delivering their own services. As a result, the two teams in NHS England that work around issued connected to people with learning disabilities now employ people with learning disabilities. We have supported them to do this through training, joint projects and production of accessible resources.





### **Learning by Doing Together**

We are working with Keyring, Joseph Rowntree and The Brandon Trust on employing people with learning disabilities in peer-to-peer support positions.

### How we made a difference?

Leeds University is conducting research based on this process to analyse implementation of such employment practices and their outcomes.

















### **International Work**

### **Lumos Partnership**

We worked with LUMOS across Eastern Europe on deinstitutionalisation.

#### How we made a difference?

We employed a person with learning disabilities to work with people in the institutions, supporting them to become empowered and have a stronger voice in the setting up of community based services.

Our project worker mentored a person with learning disabilities that LUMOS also recruited to develop self advocacy services in Bulgaria.

We have introduced easy read across Eastern Europe and trained policy makers and social workers around rights and inclusive ways of working.





### **Expanding Inclusion Internationally**

We have delivered training in many countries including Nicaragua, Egypt and Palestine on producing accessible information, coworking, employment, working inclusively, and communicating more effectively with people with learning disabilities.

#### How we made a difference?

Our work is part of international campaigns to empower people with learning disabilities and promote a change in the way policies are designed and the way services are delivered.





### **Erasmus Project**

We are working on a European project funded by Erasmus. We are partners with five European organisations from Slovakia, the Czech Republic, Lithuania, Spain and Latvia. We are training and supporting each organisation to develop and replicate the CHANGE co-training model.

#### How we made a difference?

As the lead trainer of this project, we are training co-working groups from the partner countries on tools they can use to support decision making, such as the Theatre of the Oppressed and easy read. We are running training workshops in Zilina in Slovakia, and Prague in the Czech Republic.

The project aims to introduce supported decision-making in each organisation's country, and support better understanding of Article 12 of the Convention on the Rights of People with Disabilities.







### **Cancer services**

A project worker with learning disabilities co-worked with an independent researcher. They investigated the experiences of people with learning disabilities who use cancer and end of life care services.

#### How we made a difference?

The findings of this piece of research follow on from our accessible cancer books and booklets which won the BMA award in 2012 and were nominated in 2016. The results were delivered to NHS England to inform the shaping of their cancer services.





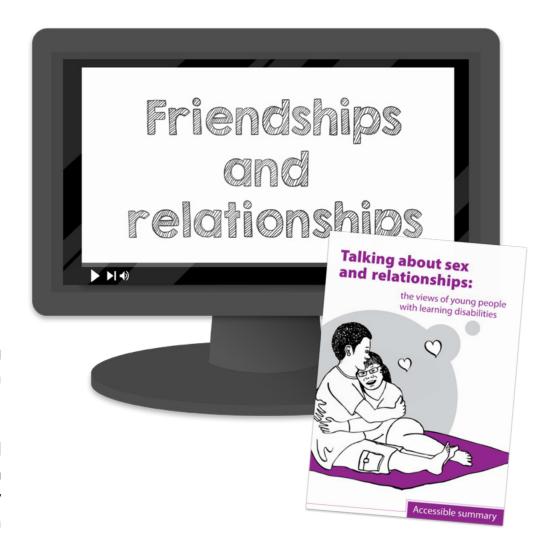
### **Sexual Health and Relationships Education**

We worked with the University of Leeds and a group of young people with learning disabilities to research and develop a series of five easy read booklets on sexual health and relationships, covering topics including sexual abuse and masturbation.

#### How we made a difference?

The booklets were turned into animations for Bradford Public Health as there were no video resources for young people with learning disabilities to aid discussion in education settings.

The booklets have also been used as part of the Sexual Education for Adults with Learning Disabilities project, in which partners from five European countries worked collaboratively towards defining and improving their delivery of sex education to adults with learning disabilities.







### **Patient Online Services**

We created an easy read information pack for patients, professionals, and carers to use NHS Patient Online Services.

### How we made a difference?

The guides focus on a person centred approach, empowering people with learning disabilities to use GP online services in order to view their medical history, book appointments and order repeat prescriptions. These easy read guides also support health care staff who are using the Accessible Information Standard to make sure patients communication needs are met.



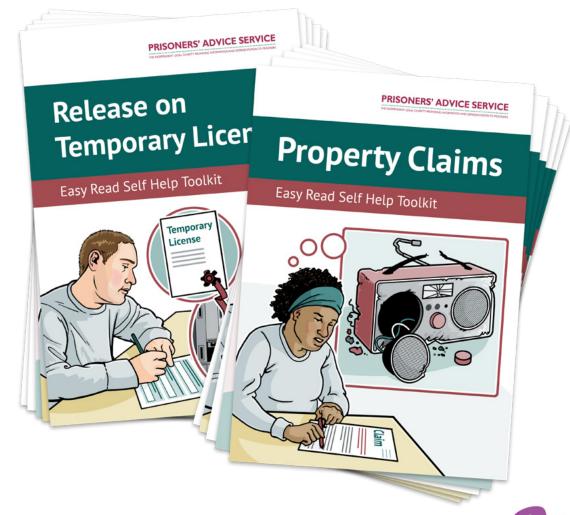


### **Prisoners' Advice Service**

We worked with the Prisoners'
Advice Service to produce a set
of 10 toolkits to support prisoners
with learning disabilities and
those who struggle with literacy
to understand the policies and
procedures within the prison
system.

#### How we made a difference?

The Prison Reform Trust estimates that 20-30% of offenders have significant learning difficulties or learning disabilities that interfere with their ability to cope within the criminal justice system. These toolkits cover a wide range of topics and explain some of the legal processes to provide service users with a better understanding and knowledge of Prison Law and Prisoners' rights.







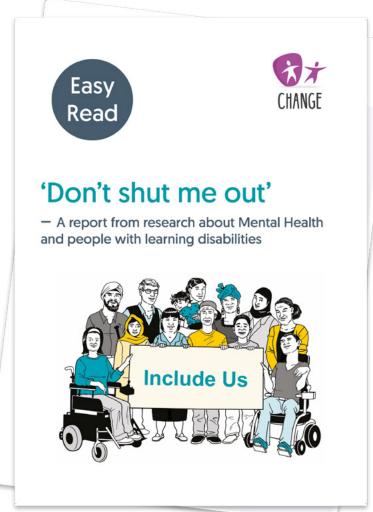
### **Don't Shut Me Out**

We worked with two organisations across the areas of housing, homelessness, and mental health.

#### How we made a difference?

We worked to bring the housing issues faced by people with learning disabilities into the spotlight and supported people with learning disabilities to learn how to campaign about the housing issues that affect them.

We explored ways to better include people with learning disabilities in mental health services. This could be through producing accessible information, and sitting on forums internally and externally to raise awareness.





### **Keeping Safe Online**

We created a general guide to keeping safe online with people with learning disabilities from the Care Management Group.

#### How we made a difference?

Online abuse and discrimination including bullying, grooming, trolling, mate crime, sexting, and blackmail are issues affecting people with learning disabilities when they use the internet and social media. The guide offers an overview of how to stay safe online by setting up your devices correctly and recognising warning signs. The guide was presented at the Learning Disability England Conference.





### **Our Partners**



















THE INDEPENDENT LEGAL CHARITY PROVIDING INFORMATION AND REPRESENTATION TO PRISONERS











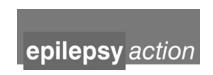
























### **Get in touch**

If you are interested in working together or want to know more about any of our services, just drop us a line!

### Easy Read - Video & Animation - Project Partners



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